

Internships at Unum Group - Video Transcript

Grayson Panter:

So I started at Unum as an intern in Chattanooga. Since then, I've joined the Professional Development Program and moved to Portland, Maine. I absolutely love it.

Hannah Holland:

The best thing about working at Unum is the opportunity that you have to gain real world experience while continuing your education.

Shane Moore:

For the three months or so I was an intern it felt like every two weeks or so I was working on a different project. You know, while that maybe felt touch and go at times, it was definitely like I was getting a lot of experience, which was good for me.

Ruby Hernandez:

You know, coming into the experience, working at Unum was definitely something very unique. I had never worked for a large company before. So I was a little bit scared about that. But honestly, I got really lucky in the sense of - it was really something - a great experience, that so much so, that I even wanted to come back after graduating from college.

Shane Moore:

The point of the internship experience was to really allow the intern to explore many different business areas and kind of feel out what it was that they were passionate about.

Yuan Gao:

During my time here interning at Unum, I made a lot of connections with a lot of brilliant people, apart from all the knowledge industry experience I gained, I also greatly expanded my network.

Hannah Holland:

I chose to stay with you because I got firsthand experience at how good of a company Unum was, and I just couldn't imagine myself working for any other company after that. They just invested so much time in me and gave me so many opportunities and networking. And it was I felt like it was a great opportunity to stick with.

Grayson Panter:

It sounds cliché and I think a lot of Unum people say it, but the people, the culture, that's something I think you don't find that a lot of companies, it really feels homey no matter what office location you're at.

Ruby Hernandez:

You hear so many horror stories of all people's work experiences working at different companies and so all throughout college, I was really scared about one day finding myself stuck working for a toxic workplace. And so when I was an Intern, you know, I realized I hit the jackpot.

I mean, honestly, it was just the company culture at Unum is unmatched, and I would not trade it for anything else.

Ruby Hernandez:

I really did, you know, realize this is the place that I want to be. And so far I'm comfortable here and I see myself here for a very long time.

Yuan Gao:

If you're somebody who's passionate and isn't afraid of trying to work, then this is definitely the place for you.

Grayson Panter:

If you're considering an internship with Unum, you should definitely accept and take that opportunity full steam ahead.