

# **Care Specialists**

Life happens, we're here to help

Our Care Specialists offer 24/7, 1:1 advice and coaching for daily distractions through major life changes. Get advice, provider options, and concrete action plans to empower decisions and save time and stress.



## **How It Works**



Submit a request 24/7 online, through the app, or by calling 800-277-1032.\*



Select the topic for which you want to request Care Specialist assistance.



We'll match you to a Care Specialist to get the guidance and support you need.

\*You will need to complete your enrollment online before calling.

## Here are just a few of the many ways Care Specialists can help:

- Locate child care that meets your family's unique needs.
- Find housing and caregiving options for aging loved ones.
- Help with college planning and researching financial aid.
- Connect you to home improvement and repair professionals.
- Help you plan and prepare for a baby, wedding, move, or other major life event.
- Locate resources to assist with financial issues.
- Provide access to exclusive online discounts to save money on everyday needs.

Plus the Care website puts helpful information right at your fingertips, including quick tips, in-depth articles, monthly live Care Talks, on-demand webinars, downloadable guides and more.





# LifeMart<sub>®</sub> Discounts

Potential savings for everyday needs

Get exclusive offers on child care, education, nutrition services, and other everyday essentials through our members-only online discount program offering savings on major brands and everyday essentials.



## **How It Works**



Log in to your account at www.care.com/yourbenefits and select LifeMart discounts.

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Find discounts by searching or browsing categories. 3

Select an offer to review the details and redemption instructions.

66 Love this benefit from my employer!! Lots of savings and discounts!

LifeMart Discounts User



# **LifeMart Discounts**

## **Frequently Asked Questions**

### What does my LifeMart benefit include?

You have unlimited free access to online discounts, all in one convenient location. Offers are updated regularly and include:

- · Child care and senior care discounts
- Pet care, insurance and supplies
- · Groceries & restaurants
- · Gyms, fitness & wellness
- · Computers & phones
- Legal & financial services
- Home goods & services
- Travel, hotels & rental cars
- Tickets & entertainment
- · Car buying & auto services

### How do I access LifeMart?

LifeMart is accessible through your dedicated company portal. You can search for offers by category, then select an offer to review the details and discount redemption instructions.

#### How often can I use LifeMart services?

You have unlimited access to the LifeMart Discount Program.